

Useful Numbers

Birmingham Brook Advisory Service

Counselling, pregnancy testing, contraception, emergency contraceptive service. Tel: 0121 643 5341

British Pregnancy Advisory Service

Pregnancy testing, abortion care, after abortion care, emergency contraception. Tel: 08457 30 40 30

Birmingham NHS Walk-in Centre

Healthcare information, advice and treatment, contraceptive advice and emergency contraceptive service. Lower Ground Floor, Boots the Chemist (opposite Marks & Spencer) Open: Monday – Saturday 8.00am to 8.00pm Sunday 10.00am – 8.00pm

Family Planning (St Patrick's Centre)

Tel: 0121 446 1010

Family Planning Unplanned Pregnancy Hotline

Tel: 0121 446 5737

Open Monday - Friday 8.30am - 4:00pm.

Whittall Street GUM Clinic

HIV & other STI testing. Telephone for an appointment. Tel: 0121 237 5700.

Or visit www.Bstreetwise.bham.nhs.uk

Hawthorn House GUM Clinic

HIV & other STI testing. Telephone for an appointment. Tel: 0121 424 3300

SHC (North Birmingham) - 2 Sites

Sexual Health Clinic - including HIV and all Sexually Transmitted Infection testing. Erdington Tel: 0794 725 5740 and Great Barr Tel: 0795 192 0941

The Chlamydia Screening Programme

Free, confidential, painless, self-taken testing for chlamydia. For further advice and to find a convenient testing site: Tel: Be Sure 0800 953 3399.

Or visit www.besure.org.uk

National AIDS Helpline

0800 567 123

Web Site

www.ruthinking.co.uk

Provides up-to-date information on sexual health, relationships, STIs and HIV for young people under 18.

Other Useful Numbers

Rape and Sexual Violence Project

A counselling and support service for survivors of rape, sexual assault and childhood sexual abuse, as well as their family, friends and partners.

Tel: 0121 233 3818

Lesbian & Gay Switchboard West Midlands

Helpline & information 7pm–10pm.

Tel: 0121 622 6589

Birmingham Drug Line

Tel: 0121 632 6363

Open Door

Counselling service for young people.

Tel: 0121 454 1116

Childline (24 hours, 7 days a week)

Tel: 0800 11 11

St Basil's Young Homeless Helpline

(Male) Tel: 0800 056 4034

(Female) Tel: 0800 068 7499

Samaritans

Tel: 08457 909 090

Information Shop for Young People

Ground Floor, Central Library, Chamberlain Square.

Tel: 0121 303 4441

NHS Direct

A 24-hour nurse-led helpline providing confidential healthcare advice and information.

Tel: 0845 4647

If you're under 18 and need advice about sex, relationships or contraception, telephone Sexwise on 0800 282930

The call is free and confidential.

Textphone (for people with hearing impairments) 0800 3281651



Inside *Information*

