

Young People's Information Card

Useful Numbers

Birmingham Brook Advisory Service

Counselling, pregnancy testing, contraception, emergency contraceptive service. Tel: 0121 643 5341

British Pregnancy Advisory Service

Pregnancy testing, abortion care, after abortion care, emergency contraception. Tel: 08457 30 40 30

Birmingham NHS Walk-in Centre

Healthcare information, advice and treatment, contraceptive advice and emergency contraceptive service. Lower Ground Floor, Boots the Chemist (opposite Marks & Spencer)
Open: Monday - Saturday 8.00am to 8.00pm
Sunday 10.00am - 8.00pm

Family Planning (St Patrick's Centre)

Tel: 0121 446 1010

Family Planning Unplanned Pregnancy Hotline

Tel: 0121 446 5737
Open Monday - Friday 8.30am - 4:00pm.

Whittall Street GUM Clinic

HIV & other STI testing. Telephone for an appointment. Tel: 0121 237 5700. Or visit www.Bstreetwise.bham.nhs.uk

Hawthorn House GUM Clinic

HIV & other STI testing. Telephone for an appointment. Tel: 0121 424 3300

SHC (North Birmingham) - 2 Sites

Sexual Health Clinic - including HIV and all Sexually Transmitted Infection testing. Erdington Tel: 0794 725 5740 and Great Barr Tel: 0795 192 0941

The Chlamydia Screening Programme

Free, confidential, painless, self-taken testing for chlamydia. For further advice and to find a convenient testing site:
Tel: Be Sure 0800 953 3399.
Or visit www.besure.org.uk

National AIDS Helpline

0800 567 123

Web Site

www.ruthinking.co.uk

Provides up-to-date information on sexual health, relationships, STIs and HIV for young people under 18.

Other Useful Numbers

Rape and Sexual Violence Project

A counselling and support service for survivors of rape, sexual assault and childhood sexual abuse, as well as their family, friends and partners.
Tel: 0121 233 3818

Lesbian & Gay Switchboard West Midlands

Helpline & information 7pm-10pm.
Tel: 0121 622 6589

Birmingham Drug Line

Tel: 0121 632 6363

Open Door

Counselling service for young people.
Tel: 0121 454 1116

Childline (24 hours, 7 days a week)

Tel: 0800 11 11

St Basil's Young Homeless Helpline

(Male) Tel: 0800 056 4034
(Female) Tel: 0800 068 7499

Samaritans

Tel: 08457 909 090

Information Shop for Young People

Ground Floor, Central Library, Chamberlain Square. Tel: 0121 303 4441

NHS Direct

A 24-hour nurse-led helpline providing confidential healthcare advice and information.
Tel: 0845 4647

If you're under 18 and need advice about sex, relationships or contraception, telephone Sexwise on 0800 282930
The call is free and confidential.

*Textphone (for people with hearing impairments)
0800 3281651*

